Only 6% of over 60s know what aortic stenosis is, the most common form of heart valve disease. 40% of over 60s do not know there are four valves in the heart.

66% of over 60s were more concerned about aortic stenosis after receiving additional information about the condition... and 31% said they would seek further information.

Alarming, after being told more about aortic stenosis, 7% of over 60s recognised the symptoms of the disease in themselves.

In the over 60s, knowledge of heart valve disease is low, but once the condition is understood, concern for the disease is high.

The more we listen, the more lives we save.

**HEART VALVE DISEASE AWARENESS**

Over 60s are most familiar with heart attacks (59%), angina (42%) and coronary heart disease (38%) with only 7% familiar with heart valve disease (HVD).

**HEART VALVE DISEASE CONCERN**

Less than 3% of over 60s say heart valve disease is the condition that gives them significant concern compared to other illnesses.

66% of over 60s were more concerned about aortic stenosis after receiving additional information about the condition... and 31% said they would seek further information.

Alarmingly, after being told more about aortic stenosis, 7% of over 60s recognised the symptoms of the disease in themselves.

**STETHOSCOPE USE**

72% of over 60s claim that their doctor rarely or never checks their heart with a stethoscope, despite stethoscope use being one of the first steps in detecting HVD.

14% of men versus 6.5% of women saying their heart was checked with a stethoscope at every doctor visit.

The following UK cities had the highest percentage of over 60s claiming that their doctor rarely or never checked their heart with a stethoscope.

**SURVEY SUGGESTS**

In the over 60s...

Knowledge of heart valve disease is low, but once the condition is understood, concern for the disease is high.

**REFERENCES**